

Global School-based Student Health Survey (GSHS)

# Philippines 2003 GSHS Questionnaire

For more information:

[www.cdc.gov/gshs](http://www.cdc.gov/gshs)

[www.who.int/school\\_youth\\_health/gshs](http://www.who.int/school_youth_health/gshs)



## 2003 PHILIPPINES GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY

This survey is about your health and the things you do that may affect your health. Students like you all over your country are doing this survey. Students in many other countries around the world also are doing this survey. The information you give will be used to develop better health programs for young people like yourself.

DO NOT write your name on this survey or the answer sheet. The answers you give will be kept private. No one will know how you answer. Answer the questions based on what you really know or do. There are no right or wrong answers.

Completing the survey is voluntary. Your grade or mark in this class will not be affected whether or not you answer the questions. If you do not want to answer a question, just leave it blank.

Make sure to read every question. Fill in the circles on your answer sheet that match your answer. Use only the pencil you are given. When you are done, do what the person who is giving you the survey says to do.

Here is an example of how to fill in the circles:

Fill in the circles like this



Not like this



or



Survey

1. Do fish live in water?
  - A. Yes
  - B. No

Answer sheet

1. ☒ (B) (C) (D) (E) (F) (G) (H)

Thank you very much for your help.

1. How old are you?

- A. 11 years old or younger
- B. 12 years old
- C. 13 years old
- D. 14 years old
- E. 15 years old
- F. 16 years old or older

2. What is your sex?

- A. Male
- B. Female

3. In what year of school are you?

- A. 1<sup>st</sup> year high school
- B. 2<sup>nd</sup> year high school
- C. 3<sup>rd</sup> year high school
- D. 4<sup>th</sup> year high school

4. Are you going to a public or private school now?

- A. Public school
- B. Private school

**The next 3 questions ask about your height, weight, and going hungry.**

5. How tall are you without your shoes on? ON THE ANSWER SHEET, WRITE YOUR HEIGHT IN THE SHADED BOXES AT THE TOP OF THE GRID. THEN FILL IN THE OVAL BELOW EACH NUMBER.

**Example**

Height (cm)		
1	5	3
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	I do not know	

6. How much do you weigh without your shoes on?  
ON THE ANSWER SHEET, WRITE YOUR WEIGHT IN THE SHADED BOXES AT THE TOP OF THE GRID. THEN FILL IN THE OVAL BELOW EACH NUMBER.

**Example**

Weight (kg)		
0	5	2
<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	I do not know	

7. During the past 30 days, how often did you go hungry because there was not enough food in your home?
- A. Never
  - B. Rarely
  - C. Sometimes
  - D. Most of the time
  - E. Always

**The next 2 questions ask about foods you might eat.**

8. During the past 30 days, how many times per day did you **usually** eat fruit, such as ripe bananas, papaya, mango, pomelo, or dalandan?
- A. I did not eat fruit during the past 30 days
  - B. Less than one time per day
  - C. 1 time per day
  - D. 2 times per day
  - E. 3 times per day
  - F. 4 times per day
  - G. 5 or more times per day
9. During the past 30 days, how many times per day did you **usually** eat vegetables, such as pechay, kangkong, kalabasa, ampalaya, sitaw, or upo?
- A. I did not eat vegetables during the past 30 days
  - B. Less than one time per day
  - C. 1 time per day
  - D. 2 times per day
  - E. 3 times per day
  - F. 4 times per day
  - G. 5 or more times per day

**The next 4 questions ask about cleaning your teeth and washing your hands.**

10. During the past 30 days, how many times per day did you **usually** clean or brush your teeth?
- A. I did not clean or brush my teeth during the past 30 days
  - B. 1 time per day
  - C. 2 times per day
  - D. 3 times per day
  - E. 4 or more times per day

11. During the past 30 days, how often did you wash your hands before eating?

- A. Never
- B. Rarely
- C. Sometimes
- D. Most of the time
- E. Always

12. During the past 30 days, how often did you wash your hands after using the toilet or latrine?

- A. Never
- B. Rarely
- C. Sometimes
- D. Most of the time
- E. Always

13. During the past 30 days, how often did you use soap when washing your hands?

- A. Never
- B. Rarely
- C. Sometimes
- D. Most of the time
- E. Always

**The next question asks about physical attacks. A physical attack occurs when one or more people hit or strike someone, or when one or more people hurt another person with a weapon (such as a stick, knife, or gun). It is not a physical attack when two students of about the same strength or power choose to fight each other.**

14. During the past 12 months, how many times were you physically attacked?

- A. 0 times
- B. 1 time
- C. 2 or 3 times
- D. 4 or 5 times
- E. 6 or 7 times
- F. 8 or 9 times
- G. 10 or 11 times
- H. 12 or more times

**The next question asks about physical fights. A physical fight occurs when two or more students of about the same strength or power choose to fight each other.**

15. During the past 12 months, how many times were you in a physical fight?

- A. 0 times
- B. 1 time
- C. 2 or 3 times
- D. 4 or 5 times
- E. 6 or 7 times
- F. 8 or 9 times
- G. 10 or 11 times
- H. 12 or more times

The next 5 questions ask about **the most serious injury** that happened to you during the past 12 months. An injury is serious when it makes you miss at least one full day of usual activities (such as school, sports, or a job) or requires treatment by a doctor or nurse.

16. During the past 12 months, how many times were you seriously injured?

- A. 0 times
- B. 1 time
- C. 2 or 3 times
- D. 4 or 5 times
- E. 6 or 7 times
- F. 8 or 9 times
- G. 10 or 11 times
- H. 12 or more times

17. During the past 12 months, **what were you doing** when the most serious injury happened to you?

- A. I was not seriously injured during the past 12 months
- B. Playing or training for a sport
- C. Walking or running, but not as part of playing or training for a sport
- D. Riding a bicycle or scooter
- E. Riding or driving in a car or other motor vehicle
- F. Doing any paid or unpaid work, including housework, yard work, or cooking
- G. Nothing
- H. Something else

18. During the past 12 months, **what was the major cause** of the most serious injury that happened to you?

- A. I was not seriously injured during the past 12 months
- B. I was in a motor vehicle accident or hit by a motor vehicle
- C. I fell
- D. Something fell on me or hit me
- E. I was fighting with someone
- F. I was attacked, assaulted, or abused by someone
- G. I was in a fire or too near a flame or something hot
- H. Something else caused my injury

19. During the past 12 months, **how** did the most serious injury happen to you?

- A. I was not seriously injured during the past 12 months
- B. I hurt myself by accident
- C. Someone else hurt me by accident
- D. I hurt myself on purpose
- E. Someone else hurt me on purpose

20. During the past 12 months, **what was** the most serious injury that happened to you?

- A. I was not seriously injured during the past 12 months
- B. I had a broken bone or a dislocated joint
- C. I had a cut, puncture, or stab wound
- D. I had a concussion or other head or neck injury, was knocked out, or could not breathe
- E. I had a gunshot wound
- F. I had a bad burn
- G. I lost all or part of a foot, leg, hand, or arm
- H. Something else happened to me

The next 2 questions ask about bullying. Bullying occurs when a student or group of students say or do bad and unpleasant things to another student. It is also bullying when a student is teased a lot in an unpleasant way or when a student is left out of things on purpose. It is not bullying when two students of about the same strength or power argue or fight or when teasing is done in a friendly and fun way.

21. During the past 30 days, on how many days were you bullied or “ina-api”?
- A. 0 days
  - B. 1 or 2 days
  - C. 3 to 5 days
  - D. 6 to 9 days
  - E. 10 to 19 days
  - F. 20 to 29 days
  - G. All 30 days
22. During the past 30 days, how were you bullied **most often**?
- A. I was not bullied during the past 30 days
  - B. I was hit, kicked, pushed, shoved around, or locked indoors
  - C. I was made fun of because of my race or color
  - D. I was made fun of because of my religion
  - E. I was made fun of with sexual jokes, comments, or gestures
  - F. I was left out of activities on purpose or completely ignored
  - G. I was made fun of because of how my body or face looks
  - H. I was bullied in some other way

The next 6 questions ask about your feelings and friendships.

23. During the past 12 months, how often have you felt lonely?
- A. Never
  - B. Rarely
  - C. Sometimes
  - D. Most of the time
  - E. Always
24. During the past 12 months, how often have you been so worried about something that you could not sleep at night?
- A. Never
  - B. Rarely
  - C. Sometimes
  - D. Most of the time
  - E. Always
25. During the past 12 months, did you ever feel so sad or hopeless almost every day for **two weeks or more in a row** that you stopped doing your usual activities?
- A. Yes
  - B. No
26. During the past 12 months, did you ever **seriously** consider attempting suicide?
- A. Yes
  - B. No
27. During the past 12 months, did you make a plan about how you would attempt suicide?
- A. Yes
  - B. No

28. How many close friends do you have?

- A. 0
- B. 1
- C. 2
- D. 3 or more

**The next 6 questions ask about cigarette and other tobacco use.**

29. How old were you when you first tried a cigarette?

- A. I have never smoked cigarettes
- B. 7 years old or younger
- C. 8 or 9 years old
- D. 10 or 11 years old
- E. 12 or 13 years old
- F. 14 or 15 years old
- G. 16 years old or older

30. During the past 30 days, on how many days did you smoke cigarettes?

- A. 0 days
- B. 1 or 2 days
- C. 3 to 5 days
- D. 6 to 9 days
- E. 10 to 19 days
- F. 20 to 29 days
- G. All 30 days

31. During the past 30 days, on how many days did you use any other form of tobacco, such as mama (chew betel nut), tabaco, or sa pipa?

- A. 0 days
- B. 1 or 2 days
- C. 3 to 5 days
- D. 6 to 9 days
- E. 10 to 19 days
- F. 20 to 29 days
- G. All 30 days

32. During the past 12 months, have you ever tried to stop smoking cigarettes?

- A. I have never smoked cigarettes
- B. I did not smoke cigarettes during the past 12 months
- C. Yes
- D. No

33. During the past 7 days, on how many days have people smoked in your presence?

- A. 0 days
- B. 1 or 2 days
- C. 3 to 4 days
- D. 5 to 6 days
- E. All 7 days

34. Which of your parents or guardians use any form of tobacco?

- A. Neither
- B. My father or male guardian
- C. My mother or female guardian
- D. Both
- E. I do not know

**The next 15 questions ask about drinking alcohol. This includes drinking beer, gin, rum, spirit, whiskey, tuba, or lambanog. Drinking alcohol does not include drinking a few sips of wine for religious purposes.**

35. How old were you when you had your first drink of alcohol other than a few sips?

- A. I have never had a drink of alcohol other than a few sips
- B. 7 years or younger
- C. 8 or 9 years old
- D. 10 or 11 years old
- E. 12 or 13 years old
- F. 14 or 15 years old
- G. 16 years old or older



36. Where were you the **first time** you had a drink of alcohol?

- A. I have never had a drink of alcohol
- B. At home
- C. At someone else's home
- D. At school
- E. Out on the street, in a park, or in some other open area
- F. At a bar, pub, or disco
- G. In a restaurant
- H. Some other place

37. During the past 30 days, on how many days did you have at least one drink containing alcohol?

- A. 0 days
- B. 1 or 2 days
- C. 3 to 5 days
- D. 6 to 9 days
- E. 10 to 19 days
- F. 20 to 29 days
- G. All 30 days

38. During the past 30 days, on the days you drank alcohol, how many drinks did you **usually** drink per day?

- A. I did not drink alcohol during the past 30 days
- B. Less than one drink
- C. 1 drink
- D. 2 drinks
- E. 3 drinks
- F. 4 drinks
- G. 5 or more drinks

39. During the past 30 days, how did you **usually** get the alcohol you drank? SELECT ONLY ONE RESPONSE.

- A. I did not drink alcohol during the past 30 days
- B. I bought it in a store, shop, or from a street vendor
- C. I gave someone else money to buy it for me
- D. I got it from my friends
- E. I got it from home
- F. I stole it
- G. I made it myself
- H. I got it some other way

40. During the past 30 days, did anyone refuse to sell you alcohol because of your age?

- A. I did not try to buy alcohol during the past 30 days
- B. Yes, someone refused to sell me alcohol because of my age
- C. No, my age did not keep me from buying alcohol

41. During your life, how many times did you drink so much alcohol that you were really drunk?

- A. 0 times
- B. 1 or 2 times
- C. 3 to 9 times
- D. 10 or more times

42. How old were you the **first time** you drank so much alcohol that you were really drunk?

- A. I have never drank so much alcohol that I was really drunk
- B. 7 years old or younger
- C. 8 or 9 years old
- D. 10 or 11 years old
- E. 12 or 13 years old
- F. 14 or 15 years old
- G. 16 years old or older

43. During your life, how many times have you ever had a hang-over, felt sick, got into trouble with your family or friends, missed school, or got into fights, as a result of drinking alcohol?

- A. 0 times
- B. 1 or 2 times
- C. 3 to 9 times
- D. 10 or more times

44. What is the **most** number of drinks you have had on one occasion?

- A. I do not drink alcohol
- B. Less than one drink
- C. 2 drinks
- D. 3 drinks
- E. 4 drinks
- F. 5 or more drinks

45. What type of alcohol do you **usually** drink?  
SELECT ONLY ONE RESPONSE.

- A. I do not drink alcohol
- B. Beer, lager or stout
- C. Wine
- D. Spirits such as gin
- E. Lambanog
- F. Some other type

46. With whom do you **usually** drink alcohol?

- A. I do not drink alcohol
- B. With my friends
- C. With my family
- D. With persons I have just met
- E. I usually drink alone

47. Do your parents or guardians know that you drink alcohol?

- A. I do not drink alcohol
- B. Yes
- C. No
- D. I do not know

48. How often are you allowed to drink alcohol at home?

- A. I do not drink alcohol
- B. Never
- C. Rarely
- D. Sometimes
- E. Most of the time
- F. Always

49. Which of your parents or guardians drink alcohol?

- A. Neither
- B. My father or male guardian
- C. My mother or female guardian
- D. Both
- E. I do not know

**The next 7 questions ask about media and advertising.**

50. During the past 30 days, how many advertisements or promotions for alcohol have you seen in news papers or magazines?

- A. A lot
- B. A few
- C. None

51. During the past 30 days, how many advertisements for alcohol have you seen on billboards?

- A. A lot
- B. A few
- C. None

52. During the past 30 days, when you watched sports events or other programs on television how often did you see alcohol brand names?

- A. I never watch television
- B. Never
- C. Rarely
- D. Sometimes
- E. Most of the time
- F. Always

53. When you watch television, videos, or movies, how often do you see actors drinking alcohol?
- A. I never watch television, videos, or movies
  - B. Never
  - C. Rarely
  - D. Sometimes
  - E. Most of the time
  - F. Always
54. When you go to sports events, fairs, concerts, community events, or social gatherings how often do you see advertisements for alcohol?
- A. I never attend sports events, fairs, concerts, community events, or social gatherings
  - B. Never
  - C. Rarely
  - D. Sometimes
  - E. Most of the time
  - F. Always
55. Has an alcohol company representative ever offered you a free drink of alcohol?
- A. Yes
  - B. No
56. Do you have something such as a t-shirt, pen, backpack, or other item with an alcohol brand logo on it?
- A. Yes
  - B. No

**The next 20 questions ask about drugs.**

57. During your life, how many times have you used drugs, such as marijuana, shabu, ecstasy, or rugby?
- A. 0 times
  - B. 1 or 2 times
  - C. 3 to 9 times
  - D. 10 or more times

58. During your life, how many times have you used marijuana?
- A. 0 times
  - B. 1 or 2 times
  - C. 3 to 5 times
  - D. 6 to 9 times
  - E. 10 to 19 times
  - F. 20 to 39 times
  - G. 40 or more times
59. During your life, how many times have you used methamphetamines, also called shabu?
- A. 0 times
  - B. 1 or 2 times
  - C. 3 to 5 times
  - D. 6 to 9 times
  - E. 10 to 19 times
  - F. 20 to 39 times
  - G. 40 or more times
60. During your life, how many times have you used ecstasy?
- A. 0 times
  - B. 1 or 2 times
  - C. 3 to 5 times
  - D. 6 to 9 times
  - E. 10 to 19 times
  - F. 20 to 39 times
  - G. 40 or more times
61. During your life, how many times have you used solvents or inhalants, also called rugby?
- A. 0 times
  - B. 1 or 2 times
  - C. 3 to 5 times
  - D. 6 to 9 times
  - E. 10 to 19 times
  - F. 20 to 39 times
  - G. 40 or more times

62. During your life, how many times have you used tranquilisers or sedatives, such as valium, without a doctor or nurse telling you to do so?
- A. 0 times
  - B. 1 or 2 times
  - C. 3 to 5 times
  - D. 6 to 9 times
  - E. 10 to 19 times
  - F. 20 to 39 times
  - G. 40 or more times
63. During your life, how many times have you used a needle to inject any drug into your body without a doctor or nurse telling you to do so?
- A. 0 times
  - B. 1 or 2 times
  - C. 3 to 5 times
  - D. 6 to 9 times
  - E. 10 to 19 times
  - F. 20 to 39 times
  - G. 40 or more times
64. During the past 30 days, how many times did you use marijuana?
- A. 0 times
  - B. 1 or 2 times
  - C. 3 to 5 times
  - D. 6 to 9 times
  - E. 10 to 19 times
  - F. 20 to 39 times
  - G. 40 or more times
65. During the past 30 days, how many times did you use methamphetamines, also called shabu?
- A. 0 times
  - B. 1 or 2 times
  - C. 3 to 5 times
  - D. 6 to 9 times
  - E. 10 to 19 times
  - F. 20 to 39 times
  - G. 40 or more times

66. During the past 30 days, how many times did you use ecstasy?
- A. 0 times
  - B. 1 or 2 times
  - C. 3 to 5 times
  - D. 6 to 9 times
  - E. 10 to 19 times
  - F. 20 to 39 times
  - G. 40 or more times
67. During the past 30 days, how many times did you use solvents or inhalants, also called rugby?
- A. 0 times
  - B. 1 or 2 times
  - C. 3 to 5 times
  - D. 6 to 9 times
  - E. 10 to 19 times
  - F. 20 to 39 times
  - G. 40 or more times
68. During the past 30 days, how many times did you use tranquilisers or sedatives, such as valium, without a doctor or nurse telling you to do so?
- A. 0 times
  - B. 1 or 2 times
  - C. 3 to 5 times
  - D. 6 to 9 times
  - E. 10 to 19 times
  - F. 20 to 39 times
  - G. 40 or more times
69. During the past 30 days, how many times did you use a needle to inject any drug into your body without a doctor or nurse telling you to do so?
- A. 0 times
  - B. 1 or 2 times
  - C. 3 to 5 times
  - D. 6 to 9 times
  - E. 10 to 19 times
  - F. 20 to 39 times
  - G. 40 or more times

70. How old were you when you first tried marijuana?

- A. I have never tried marijuana
- B. 7 years old or younger
- C. 8 or 9 years old
- D. 10 or 11 years old
- E. 12 or 13 years old
- F. 14 or 15 years old
- G. 16 years old or older

71. How old were you when you first tried methamphetamines, also called shabu?

- A. I have never tried methamphetamines
- B. 7 years old or younger
- C. 8 or 9 years old
- D. 10 or 11 years old
- E. 12 or 13 years old
- F. 14 or 15 years old
- G. 16 years old or older

72. How old were you when you first tried ecstasy?

- A. I have never tried ecstasy
- B. 7 years old or younger
- C. 8 or 9 years old
- D. 10 or 11 years old
- E. 12 or 13 years old
- F. 14 or 15 years old
- G. 16 years old or older

73. How old were you when you first tried solvents or inhalants, also called rugby?

- A. I have never tried solvents or inhalants
- B. 7 years old or younger
- C. 8 or 9 years old
- D. 10 or 11 years old
- E. 12 or 13 years old
- F. 14 or 15 years old
- G. 16 years old or older

74. During your life, how many times have you shared needles or syringes used to inject any drug into your body?

- A. 0 times
- B. 1 or 2 times
- C. 3 to 5 times
- D. 6 to 9 times
- E. 10 to 19 times
- F. 20 to 39 times
- G. 40 or more times

75. During the past 30 days, has anyone offered, sold, or given you a drug, such as marijuana, shabu, ecstasy, or rugby?

- A. Yes
- B. No

76. During this school year, were you taught in any of your classes the dangers of using drugs such as marijuana, shabu, ecstasy, or rugby?

- A. Yes
- B. No
- C. I do not know

**The next 6 questions ask about HIV or the disease called AIDS.**

77. Have you ever heard of HIV or the disease called AIDS?

- A. Yes
- B. No

78. During this school year, were you taught in any of your classes about HIV or AIDS?

- A. Yes
- B. No
- C. I do not know

79. During this school year, were you taught in any of your classes how to avoid HIV or AIDS?

- A. Yes
- B. No
- C. I do not know

80. Can people protect themselves from HIV by not having sexual intercourse?

- A. Yes
- B. No
- C. I do not know

81. Do you know how to tell someone you do not want to have sexual intercourse with them?

- A. Yes
- B. No
- C. I do not know

82. Have you ever talked about HIV or AIDS with your parents or guardians?

- A. Yes
- B. No

The next 2 questions ask about physical activity.

**Physical activity is any activity that increases your heart rate and makes you get out of breath some of the time. Physical activity can be done in sports, playing with friends, or walking to school. Some examples of physical activity are running, fast walking, biking, dancing, or football.**

ADD UP ALL THE TIME YOU SPEND IN PHYSICAL ACTIVITY EACH DAY. DO **NOT** INCLUDE YOUR PHYSICAL EDUCATION OR GYM CLASS.

83. During the past **7 days**, on how many days were you physically active for a total of at least 60 minutes per day?

- A. 0 days
- B. 1 day
- C. 2 days
- D. 3 days
- E. 4 days
- F. 5 days
- G. 6 days
- H. 7 days

84. During a **typical or usual** week, on how many days are you physically active for a total of at least 60 minutes per day?

- A. 0 days
- B. 1 day
- C. 2 days
- D. 3 days
- E. 4 days
- F. 5 days
- G. 6 days
- H. 7 days

The next question asks about the time you spend mostly sitting when you are not in school or doing homework.

85. How much time do you spend during a **typical or usual** day sitting and watching television, playing computer games, talking with friends, or doing other sitting activities, such as reading books, playing chess, or playing scrabble?

- A. Less than 1 hour per day
- B. 1 to 2 hours per day
- C. 3 to 4 hours per day
- D. 5 to 6 hours per day
- E. 7 to 8 hours per day
- F. More than 8 hours per day

**The next 2 questions ask about going to and coming home from school.**

86. During the past 7 days, on how many days did you walk or ride a bicycle to and from school?

- A. 0 days
- B. 1 day
- C. 2 days
- D. 3 days
- E. 4 days
- F. 5 days
- G. 6 days
- H. 7 days

87. During the past 7 days, how long did it **usually** take for you to get to and from school each day?  
ADD UP THE TIME YOU SPEND GOING TO  
AND COMING HOME FROM SCHOOL.

- A. Less than 10 minutes per day
- B. 10 to 19 minutes per day
- C. 20 to 29 minutes per day
- D. 30 to 39 minutes per day
- E. 40 to 49 minutes per day
- F. 50 to 59 minutes per day
- G. 60 or more minutes per day

**The next 5 questions ask about your experiences at school and at home.**

88. During the past 30 days, on how many days did you miss classes or school without permission?

- A. 0 days
- B. 1 or 2 days
- C. 3 to 5 days
- D. 6 to 9 days
- E. 10 or more days

89. During the past 30 days, how often were most of the students in your school kind and helpful?

- A. Never
- B. Rarely
- C. Sometimes
- D. Most of the time
- E. Always

90. During the past 30 days, how often did your parents or guardians check to see if your homework was done?

- A. Never
- B. Rarely
- C. Sometimes
- D. Most of the time
- E. Always

91. During the past 30 days, how often did your parents or guardians understand your problems and worries?

- A. Never
- B. Rarely
- C. Sometimes
- D. Most of the time
- E. Always

92. During the past 30 days, how often did your parents or guardians **really** know what you were doing with your free time?

- A. Never
- B. Rarely
- C. Sometimes
- D. Most of the time
- E. Always